

## **St Theresa Little Flower Prayers**

### **St. Theresa's Prayer**

May today there be peace within.

May you trust God that you are exactly where you are meant to be.

May you not forget the infinite possibilities that are born of faith.

May you use those gifts that you have received,  
and pass on the love that has been given to you.

May you be content knowing you are a child of God.

Let this presence settle into your bones, and allow your soul the freedom to sing, dance,  
praise and love. It is there for each and everyone of us.

### **Saint Theresa : Saint of the Little Ways**

“Saint Theresa is known as the Saint of the Little Ways, meaning she believed in doing the little things in life well and with great love. She is the Patron Saint of flower growers and florists. She is represented by roses.”

